

# CHINESE SHAO-LIN CENTER TENTATIVE CLASS SCHEDULE

2009    MAY    JUNE    JULY    AUG    2009



MAY

Brown Belts: **Hai Loong Chang** “*Sea Dragon Cane*”  
Black Belts: **Pand Loong Pang** “*Entwine the Dragon Staff*”

## FESTIVALS & SEMINARS

- **HUA TO LIVE** Sat., May 9<sup>th</sup> (9:30AM – 11AM) @ CSC Boise  
(5 Animal Play/Frolics – Chi Kung Training) 1<sup>st</sup> Blacks and Above (for 3 weeks!)

## GRANDMASTER THE' VISITS BOISE!

- **Fri., May 29<sup>th</sup> Test / 6pm – 9pm @ CSC-Boise**
- **Sat., May 30<sup>th</sup> “Classical Pa Kua Tao” / 9am – 8pm @ Cassia Park!**

**OPEN TO ALL SHAOLIN STUDENTS!**

JUNE

Brown Belts: **Se Pa Kuen** “*Single Ended Staff*”  
Black Belts: **Chiang Hsu Lian Hsi** “*Practice of the Spear Fighting Techniques*”

## FESTIVALS & SEMINARS

- **IE LU HUA CHIEN** Starting Sat., June 6<sup>th</sup> (10AM – 11AM) @ CSC Boise  
(1<sup>ST</sup> Road of the Classical Hua Mountain Fist) 2<sup>nd</sup> Blacks & Above (for 4 weeks!)
- **HOU TIEN CHI / MARROW WASHING** Sunday, June 14<sup>th</sup> (10AM – 3PM) @ CSC Boise  
(Chan (Zen) Breathing / Chi Kung Training) White Belts & Above

Brown Belts: **Kwan Kung Tao** “*General Kwan’s Long Knife*”  
Black Belts: **Luo Chia Chiang** “*Luo Family Spear*”

## FESTIVALS & SEMINARS

- **DOWN & GROUND/SPARRING STRATEGY CLASS** Sat., July 11<sup>th</sup> (10AM – 2PM) @ CSC Boise/ Cassia  
Park White Belts & Above  
(Sweeps, Take Downs/Sparring Theory & Application)



AUGUST

Brown Belts: **Yeh Ch’an Pa Feng Tao** “*Chinese Long Knife 8 Directional Night Battle*”  
Black Belts: **Tai Chi / Pa Kua** “*Sticky-Hand” Sparring & Application (Blindfolded)*”

## FESTIVALS & SEMINARS

- **AR LU HUA CHIEN** Starting Sat. Aug. 1<sup>st</sup> (10AM – 11AM) @ CSC Boise  
(2nd Road of Hua Mountain Fist) 2<sup>nd</sup> Blacks & Above (for 4 weeks!)
- **TECHNICAL PUNCHING & KICKING** Sat., Aug. 1<sup>st</sup> (11AM – 2PM) @ CSC Boise  
w/ **WEAPONS DEFENSE CLASS** White Belts and Above  
(Focus, Snap, Power! & Gun, Knife, Stick Defense!) *Special Double Festival!!*
- **I CHIN CHING / SAN HE’ CH’IEN** Sun., Aug. 16<sup>th</sup> (10AM – 3PM) @ CSC Boise  
(TaMo’s 49 Original Chi Kung Postures / Iron Monk Form) White Belts and Above

Continued on back

# CHINESE SHAO-LIN CENTER TENTATIVE CLASS SCHEDULE

**2009      MAY      JUNE      JULY      AUG      2009**

MAY

- **ALBUQUERQUE GRANDMASTER VISIT**      **Fri., May 1<sup>st</sup> Test (6PM-9PM) @ CSC-ABQ**  
*(Double Mulan Fans with Lightness Training!)*      **Sat., May 2<sup>nd</sup> (Open to all CSC Students!)**
- **SEATTLE/PORTLAND ELDER MASTER VISIT**      **Sat., May 16<sup>th</sup> Test/Pretest (8AM-11AM) @ CSC Seattle**  
*(Swoop Down Swallow Dagger – Shao-Lin Original Dagger Form)*      **Sat., May 16<sup>th</sup> (11AM - 3PM) @ CSC Seattle**  
*(Original Shao-Lin Monkey Fist – Origin of the Shao-Lin Monkey System)*      **Sun. May 17<sup>th</sup> (9AM-1PM) @ CSC-Portland**  
**REQUIRED INSTRUCTOR TRAINING SEMINAR @ CSC-Seattle/Portland**  
*(CSC Instructors - Arrive Thurs. 5/14, AM & Depart Tues. 5/19, AM)*

JUNE

- **COLORADO SPRINGS ELDER MASTER VISIT**      **Sat., June 13<sup>th</sup> Test/Pretest (8AM-11am) @ CSC Colorado**  
*Springs*  
*(Classical Chen Family Tai Chi San - Chen Iron Fan)*      **Sat., June 13<sup>th</sup> (11AM - 3PM) Open to all CSC students**
- **SALT LAKE CITY ELDER MASTER VISIT**      **Sat., June 27<sup>th</sup> Test/Pretest (8AM-11AM) @ CSC SLC**  
*(Tai Chi Chien – Classical Yang Family Sword form)*      **Sat., June 27<sup>th</sup> @ 11AM - 3PM (Open to all CSC students)**

JULY

**GRANDMASTER SIN KWANG THE VISITS DENVER**  
**Shao-Lin CHING PAO CHIEN “Roads 3 & 4” (Rare & Classical Golden Leopard Fist)**  
**SATURDAY, JULY 18<sup>th</sup> / 8AM – 8PM / OPEN TO ALL CSC Students!**  
**SUNDAY, JULY 19<sup>TH</sup> / Black Belt Testing (Senior Black Belt Required) @ CSC Boulder - Park**  
**8AM-12Noon: 2<sup>nd</sup>-3<sup>rd</sup>, 3<sup>rd</sup>-4<sup>th</sup> & 4<sup>th</sup>-5<sup>th</sup> Blacks / 1PM-6PM: 1<sup>st</sup> – 2<sup>nd</sup> Blacks**

AUG

- **LOS ANGELES ELDER MASTER VISIT**      **Sat., AUG. 29<sup>th</sup> Test/PreTest (8AM-11AM)**  
*(Tao vs. Chiang – Broadsword versus Spear 2 Person Fighting Set)*      **Sat., AUG. 29<sup>th</sup> (11AM - 3PM)**

## INTERNATIONAL DIRECTORY OF CHINESE SHAO-LIN CENTERS

UNDER THE GUIDANCE OF ELDER MASTERS (LAO SHUR) SHARON AND DAVID SOARD

### COLORADO

Chinese Shao-Lin Center – DENVER (EST. 1979)  
 (303) 455-4088      [www.shao-lin.com](http://www.shao-lin.com)

Chinese Shao-Lin Center – DU (on campus)  
 (303) 455-4088  
*contact: kungfu4du@yahoo.com*

Chinese Shao-Lin Center – BOULDER  
 (303) 440-7609      [www.shao-lin.com](http://www.shao-lin.com)

Chinese Shao-Lin Center – CU (on campus)  
*contact: (303) 440-7609*

Chinese Shao-Lin Center – COLORADO  
 SPRINGS  
 (719) 520-1522      [www.cos-shaolin.com](http://www.cos-shaolin.com)

### CALIFORNIA

Chinese Shao-Lin Center – LOS ANGELES  
 (818) 783-2356      [www.csclosangeles.com](http://www.csclosangeles.com)

Chinese Shao-Lin Center – SAN JOSE  
 (San Francisco Area)  
 (303) 579-4566      [www.shaolinsanjose.com](http://www.shaolinsanjose.com)

### IRELAND

Chinese Shao-Lin Center – CORK  
[www.shaolinireland.com](http://www.shaolinireland.com)

### IDAHO

Chinese Shao-Lin Center – BOISE  
 (208) 343-6109      [www.idahoshaolin.com](http://www.idahoshaolin.com)

Chinese Shao-Lin Center – BSU (on campus)  
 (208) 336-3286  
*contact: brandonison@mail.boise.edu*

Chinese Shao-Lin Center – CALDWELL  
 (208) 869-5612  
[www.csckungfu.com](http://www.csckungfu.com)

Chinese Shao-Lin Center – EMMETT  
 (208) 859-4201  
[www.idahoshaolin.com](http://www.idahoshaolin.com)

### ARIZONA

Chinese Shao-Lin Center – PHOENIX  
 (480) 894-8588  
[www.shaolinarizona.com](http://www.shaolinarizona.com)

Chinese Shao-Lin Center – ASU (off  
 campus)  
 (480) 894-8588  
[www.shaolinarizona.com](http://www.shaolinarizona.com)

Chinese Shao-Lin Center – TUCSON  
 (520) 529-5869  
[www.shao-lin.com](http://www.shao-lin.com)

[WWW.IDAHOSHAOLIN.COM](http://WWW.IDAHOSHAOLIN.COM)  
[WWW.CSCKUNGFU.COM](http://WWW.CSCKUNGFU.COM)  
[WWW.EMMETTSHAOLIN.COM](http://WWW.EMMETTSHAOLIN.COM)

### NEVADA

Chinese Shao-Lin Center – LAS VEGAS  
 (702) 384-9449  
[www.shaolinlasvegas.com](http://www.shaolinlasvegas.com)

### NEW MEXICO

Chinese Shao-Lin Center – ALBUQUERQUE  
 (505) 254-4604  
[www.shaolinNM.com](http://www.shaolinNM.com)

### NEW YORK

Chinese Shao-Lin Center – NEW YORK CITY  
 (917) 628-6436  
[www.newyorkshaolin.com](http://www.newyorkshaolin.com)

### UTAH

Chinese Shao-Lin Center – SALT LAKE CITY  
 (801) 298-5848  
[www.shao-linslc.com](http://www.shao-linslc.com)

### OREGON

Chinese Shao-Lin Center – PORTLAND  
 (503) 737-5025  
[www.portlandshaolin.com](http://www.portlandshaolin.com)

### WASHINGTON

Chinese Shao-Lin Center – SEATTLE  
 (206) 778-0456  
[www.shaolinseattle.com](http://www.shaolinseattle.com)

