

ASSAULT PREVENTION • SELF DEFENSE • AWARENESS

FREE SEMINAR



Idaho Shao-Lin Center for Martial Arts

www.idahoshaolin.com

6501 W. Ustick Rd., Boise
208-343-6109

Come to our
17th Annual
Seminar for
**WOMEN
ONLY!**

Open to all women
ages 11 and older

**FRIDAY,
FEBRUARY 6, 2026
6:30pm to 8:30pm**

The doors will open at 6:00pm.
Please wear comfortable clothing.

*Girls 11-16 years of age must
be accompanied by an adult female.

