

ASSAULT PREVENTION • SELF DEFENSE • AWARENESS

FREE SEMINAR



Come to our
17th Annual
Seminar for
**WOMEN
ONLY!**

*Open to all women
ages 11 and older*

**FRIDAY,
FEBRUARY 6, 2026
6:30pm to 8:30pm**

The doors will open at 6:00pm.
Please wear comfortable clothing.

*Girls 11-16 years of age must
be accompanied by an adult female.



Idaho Shao-Lin Center for Martial Arts
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